



COURAGE CARE COMPASSION

Fingringhoe Church of England (VA) Primary School

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Dear All,

We are pleased to tell you that Mrs Ward has completed her initial stage of becoming a 'Forest School' guru! She will be sharing her newly learnt skills and ideas with us throughout the year. Year 6 are currently enjoying going to our outdoor classroom and getting as muddy as possible. Apologies to all parents/carers who do the washing and to our lovely site manager, Mrs Bolam, who has to clean up the trail of mud strewn across the school on Tuesdays!



Please join us next Friday for our Harvest Service in the church at 2:30pm.

Data Protection – Your personal information?

You may remember that last year we sent out forms updating your own and children's details, and permission forms for local visits and photographs.

These will be coming out to you again this year. We would be very grateful if you would check, amend, sign and return by

Friday 25th October 2019

These will not be sent out to the children in Reception

Upcoming Dates

PLEASE PUT THESE DATES IN YOUR DIARY...

Friday 27th Sept – Year 6 TLA Taster Day
30th Sept – 3.15pm – Year 6 Parents Meeting Residential
1st October – 2.30pm – Willow Class Meet the Teacher
Wednesday 2nd October – Individual School Photos (siblings 8.30am)
Tuesday 22nd Oct 3.15pm – Parents Evening

28th- 1st November Half Term

Monday 4th November Non-Pupil Day

13th Nov & 4th Dec @ 9.30am – 2020 Reception Intake Open Mornings
15th Nov – Children in Need - Dress Down Day
18th Nov – Maple Class Music Festival
Friday 6th Dec – PTA Christmas Fayre
Tues 17th December 1.30pm & 6.00pm – Willow Class Nativity
Wed 18th Dec – Christmas Jumper Day
Wed 18th Dec – Christmas Dinner
We 18th Dec – Pantomime
19th December – Last day of term
6th January – First Day of Spring Term
Sports Afternoon and PTA Summer fair TBC

Church assemblies:

20th Sept 19 – 2.30pm
04th Oct 19 – 2.30pm
18th Oct 19 – 2.30pm Harvest Festival
15th Nov 19 – 2.30pm
29th Nov 19 – 2.30pm
13th Dec 19 – 2.30pm

All parents are welcome to join us on our church assemblies.

Individual invitations are sent out to parents if your child is receiving a Head Teacher Award.

Do you have a child starting school?

Sept 2020?

If you have a sibling due to start in September 2020, we have the following open morning sessions. Please feel free to speak to a member of the office team to book yourselves in:

13th Nov @ 9.30am or

4th Dec @ 9.30am

Year 6 Parents

As you may be aware, the new secondary school admission round opens on Thursday 12th September 2019, for parents of current Year 6 children to apply for a secondary school (Year 7) place for September 2020.

The statutory national closing date for applications is 31st October 2019.

Applications can be made online via www.essex.gov.uk/admissions



Harvest Festival

Our Harvest Festival celebration will take place on Friday 18th October @ 2pm in St Andrews Church.

We will once again be collecting food for our local Food Bank, that will be displayed in the Church during the service.

The food bank is short on the following items:

Any donations can be left in the school office ON THE FRIDAY AND NOT BEFORE PLEASE.

SMALL BAGS OF RICE

LOGLIFE MILK

LOGLIFE JUICE

SHAMPOO

CARRIER BAGS/ REUSEABLE BAGS

SQUASH

TINNED FRUIT

DEODORANTS

TINNED POTATOES

TINNED PUDDINGS

TINS OR PACKETS OF CUSTARD

JAM

PEANUT BUTTER

TOOTH BRUSH/ TOOTH PASTE

RAZORS

SHOWER GEL

SMALL JARS OF COFFEE

SMALL WASHING POWDER/LIQUID

SMALL MULTIPACK SNACKS (PENGUIN/CLUB/TWIX)

Afterschool Provision (BAA Club)

During our afterschool club the children have shown an interest in playing outside on the scooters. These scooters are used across the school and the children have had a lot of enjoyment out of them. They are starting to become tired and we do not have a large stock of scooters.

If anybody has any at home that their children may have grown out of and are willing to donate to the school, they would be greatly received. Obviously, these need to be in working order.

Also, the children are enjoying role play. Do you have any old plastic food we could use during role play?

Many thanks for your continued support.

Parents Evening

A reminder that the booking forms are now available in Reception to allow you to book a time to meet with your child's teacher.

Please ensure you book a slot or speak to a member of the office team if you are unable to make this event.

Data Protection

Fingringhoe Primary School fully complies with information legislation. For the full details on how we use your personal information please visit www.fingringhoeprimaryschool.co.uk or call 01206 729266 if you are unable to access the internet.

Educational Psychology Service Parent Helpline

Do you have concerns about your child's education or development that you'd like to talk through with an Educational Psychologist?

Call our Parent Helpline:

01245 433293

Mondays 1pm – 5pm

What is the Parent helpline?

The helpline is for carers and parents of children and young people up to the age of 19 with concerns about their children's education or development.

What will happen during a call?

You will talk to a qualified Educational Psychologist who will listen to your concerns and work with you to find a positive way forward.

What will happen after a call?

It will be a discrete piece of work with no follow up from the operator.

The helpline is confidential and personal details will not be recorded and nor will information be passed onto other sources.

Essex Child and Family Wellbeing Service (ECFWS) supports children, families, schools and communities to address current physical health, social, emotional and financial issues that may affect the healthy development and future outcomes of young people.

Family wellbeing

Five Ways to Wellbeing is a set of evidence based public mental health messages aimed at improving the mental health and wellbeing of the whole population. The messages are:

- Connect
- Be Active
- Take Notice
- Keep Learning
- Give

They were developed to reflect the kind of behaviours people can undertake that may lead to improvements in their mental health.

CHALLENGE – what simple steps could you introduce in your school community to support pupils to access Five Ways to Wellbeing? Could you find opportunities for pupils to connect with others they haven't had a chance to before? Perhaps introduce mindfulness or simple stretches before class?

Worried about your child's mental health?

If you think your child is unhappy or if you are worried about their behaviour, it's easy to be hard on yourself and think you aren't doing a good job. The charity Young Minds provides a helpful Parents Survival Guide that includes helpful tips to support your child if you are worried about their mental health.

The Anna Freud National Centre for Children and Families is a children's mental health charity that provides information, support and guidance for both young people and their parents.

Are you or someone you know having suicidal thoughts?

Talking about suicide can be difficult and distressing for the person who is suicidal and for anyone who may be concerned about them. If you, or someone you know is having suicidal thoughts there are services that can help.

PAPYRUS is the UK charity for the prevention of young suicide that provides a range information and guidance for both young people and their families. The charity also offers confidential advice through their helpline, HOPELINEUK 0800 068 41 41. You can also contact the Samaritans; call their free 24hr phone line: 116 123