



Fingringhoe C of E
(VA) Primary School

SEX AND RELATIONSHIP EDUCATION POLICY

Reviewed and Approved by Staff and Governors: May 2014
Review: May 2017

Introduction

Effective sex and relationship education is essential if young people are to make responsible and well informed decisions about their lives. It should not be delivered in isolation but firmly rooted within the framework for Personal, Social and Health Education and citizenship and the National Curriculum.

At Fingringhoe we believe that sex and relationship education is developmental and a foundation for further work to be undertaken in secondary school and should be tailored to the age and physical and emotional maturing of the Children.

Aims and objectives

Through sex and relationship education we aim to:

- help and support young people through their physical, emotional and moral development
- help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood
- help pupils develop the skills and understanding they need to live confident, healthy and independent lives
- teach pupils about the significance of marriage and stable relationships (receive sex education in the wider context of relationships)
- contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils and preparing pupils for the opportunities, responsibilities and experiences of adult life
- teach young people to understand human sexuality and to respect themselves and others

Ways of Working

Sex education will be taught throughout the primary years as an integral part of the Science and PSHE curriculum. The combined PSHE and citizenship framework at Key Stage 1 and 2 is developed through four broad themes and makes it clear what is appropriate in early primary years and the transition years.

The four themes are:

- develop confidence and responsibility and making the most of pupils' abilities
- preparing to play an active role as citizens
- develop a healthier, safer lifestyle
- develop good relationships and respecting differences between people

At primary school level sex and relationship education should contribute to the foundation of PSHE and citizenship by ensuring that all children:

- develop confidence in talking, listening and thinking about feelings and relationships

- are able to name parts of the body and describe how their bodies work
- can protect themselves and ask for help and support
- are prepared for puberty

Within the new (2014) Science curriculum, children are taught:

Key Stage 1

- that animals including humans, move, feed, grow, use their senses and reproduce
- to recognise and compare the main external parts of the bodies of humans
- that humans and animals can produce offspring and these grow into adults
- to recognise similarities between themselves and others and treat others with sensitivity

Key Stage 2

- that the life processes common to humans and other animals include growth, nutrition and reproduction
- about the different stages of life cycles
- to describe the process of reproduction in some plants and animals
- to describe the changes as humans develop to old age

Sex education will only be taught within the ongoing Science and PSHE curriculum to Year 4.

Years 5 and 6

During the summer term, the school nurse and headteacher/class teacher will work together to teach pupils in Years 5 and 6 about puberty, specific body change and childbirth. The children will be taught in mixed groups for the bulk of the programme. It may be appropriate to use single sex groups for some sessions but, in the main, sex and relationship education will take place as part of normal classroom teaching.

The specific programme of sex education for pupils in Years 5 and 6 will follow the outline given (see Appendix A – letter to parents and communication). This programme will be based on the Channel 4 video

series “Living and Growing” supplemented by a video “Some of your bits ain’t nice” belonging to Colchester NHS Primary Care Trust.

Confidentiality – see Child Protection (Safeguarding Children) Policy.

Wherever possible, staff/pupil confidentiality will be respected both individually and in the classroom. However, if during discussions a member of staff is presented with information which may indicate that a child is at risk, that member of staff must share their concerns with the Head teacher at the earliest opportunity.

Working with Parents

The school recognises that parents are the key figures on helping their children to cope with the emotional and physical aspects of growing up and in preparing for the challenges and responsibilities which sexual maturity brings. The teaching offered by the school will be complimentary and supportive to the role of parents. Parents of children in Years 5 and 6 will be invited into school to view and discuss materials to be used with the children.

Governing Body and Headteacher take steps to ensure they develop Sex and Relationship Education policies which reflect the parents' views and the culture of the community they serve.

Section 241 of the Education Act 1993 gives parents the right to withdraw their children from any or all parts of the school's sex education programme, other than those elements which are required by the National Curriculum Science order. Any parent who wishes to withdraw their child should make their views known to the Head teacher. The Head teacher will invite parents to indicate their reasons for withdrawal and discuss the matter of the school provision so that any misunderstandings can be resolved.

SEN /Equal opportunities

Every child will have equal access and opportunity to participate in the school's sex education programme. The programme will be sensitive to lifestyles, beliefs, cultures and backgrounds of pupils within the school. Teachers will also show sensitivity to an individual child’s reaction to different elements of the programme.

Monitoring and Evaluation

The Head teacher acts in an advisory capacity to class teachers who are responsible for their planning and delivery of the curriculum to their own classes.

The Head teacher will be responsible for monitoring the policy and ensuring that the aims and objectives are being met.

Pupil, staff and parent feedback will be used in monitoring.

The Head teacher in collaboration with the Governing Body and staff, will evaluate the policy regularly and decide if a redraft of the programme is necessary.

APPENDIX A

Lesson 1	Panthers teacher	Changes (from Living & Growing video)
Lesson 2	Panthers teacher	Personal Hygiene ("Some of your bits ain't nice" video)
Lesson 3	Panthers Teacher & Headteacher	How Babies Are Made Programme 5
Lesson 4	Panthers Teacher & Headteacher	Discussion
Lesson 5	Panthers Teacher & Headteacher	How Babies Are Born Video
Lesson 6	Panthers Teacher & Headteacher	Girl Talk/Boy Talk Video
Lesson 7	Panthers Teacher & Headteacher	Discussion Groups (Panthers teacher to talk to girls about periods etc.)